

Instructions Following Implant Placement

1. No brushing, flossing or chewing in **surgical area** for one week. This includes adjacent teeth.
2. Use Peridex rinse (as directed on the bottle) starting the **following day**, no spitting or rinsing today.
3. Take any other prescriptions as directed
 - *Pain medication as needed
 - *Antibiotics until gone
4. Avoid any type of strenuous activity for 24 hours
5. Your sutures **may** need to be removed by us in 1 or 2 weeks depending on the healing process.
6. It is not unusual to have some slight oozing or possible bleeding that would result in pink saliva within the first 6-24 hours. If you see evidence of obvious bleeding or clots, you should call the office.
7. Some swelling may be present after the surgery and may peak at 48-72 hours after surgery. In order to minimize swelling, apply ice to the outside of the face for two days on and off for 20 minutes following surgery, alternating on and off at 10 minute intervals.
For any residual swelling **after the first 48 hours**, applying heat to the area will help the swelling diminish.
8. It is important to understand that smoking will severely increase the failure rate with your implant(s) success. Please refrain from smoking after the placement of dental implants.

** Please do not to hesitate to call if any questions arise which you consider important. **

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