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TRANSITIONAL IMMEDIATE DENTURE

The primary advantage is that this procedure will prevent you from appearing in public without teeth. However, the primary disadvantage with immediate dentures is that you will not have the opportunity to view the esthetics of the front teeth in advance. The immediate denture can later be used as a “spare” after you receive the new dentures. Once you lose your teeth, the tissue will continue to change as your gums/bones underneath heal. This means that the denture fit will change and we will have to compensate for that change by placing a “soft liner” in the denture. Remember, there will be a period of adjustments. The denture will function as one unit, not several individual teeth like your natural teeth.

1. Please follow all post-extraction instructions as given by your surgeon or periodontist and/or Dr. Miller.
2. Please do not remove your denture for 24 hours. This will help control swelling. After 24 hours, remove your denture for a minimum of 4 hours daily. Consider removing it nightly.
3. If you remove your dentures before this time, you may not be able to reinsert them due to swelling.
4. You will likely be very sore and swollen after your extractions. Do not plan important speaking engagements.
5. You will have to re-learn how to swallow, eat, and speak.
6. For a few days after your extractions, limit your diet to soft foods.
7. You will have to learn what foods you can and cannot eat with your dentures. Avoid biting into anything.
8. It is recommended that you cut foods into smaller pieces as opposed to biting directly into them with the front teeth, and chew on both right and left sides.
9. Rough/heavy hard laughing, sneezing, coughing, or vomiting will dislodge the denture.

The following changes in the face/mouth are the most common:

- Immediate swelling – lasts 1-3 days
- Increase in saliva – lasts 1-3 days
- Speech alteration – lasts 1-4 weeks
- Pain/discomfort – lasts 2 -7 days
- Gagging – lasts 48 hours
- Difficulty swallowing – lasts 48 hours
- Facial appearance change – lasts 1 week to 6 months
- Mouth odor – lasts 1-week
- Minor bleeding – lasts 24 hours
- Difficulty chewing – lasts 1-8 weeks

Please feel free to contact our office with any questions or concerns at (219) 836-4214.